



CURRICULUM VITAE

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Phoenix, AZ

EDUCATION

Coursework in Appendix II

- 2023 – Present** **Doctoral Student: PsyD in Clinical Psychology** *expected 2028*
Northern Arizona University - Phoenix, AZ
APA-Accredited (on Contingency) - Present GPA: 4.0
- 2022** **BS in Psychology**
BA in Dance, Minor in Theatre
Honors College *Summa Cum Laude*
Grand Canyon University- Phoenix AZ
GPA: 4.0 *Additional honors found in Honors & Awards*
- 2018** **Coursework**
Liberty University - Lynchburg, VA (attended online)
GPA: 4.0
- 2017** **College Level Examination Program Credits**
Achieved 21 college credits in one semester
- 2017** **High School Diploma**
Graduated a year early. Presented the commencement address

AFFILIATIONS & LEADERSHIP

- 2023 – Present** **Arizona Psychological Association (APA)** - Graduate Student Member
 Divisions:
 American Psychological Association of Graduate Students (APAGS)
 Division 10: Society for the Psychology of Aesthetics, Creativity and the Arts
 Division 35: Society for the Psychology of Women
 Division 36: Society for the Psychology of Religion and Spirituality
 Division 56: Trauma Psychology
- 2023 – 2024** **First Year Representative - Clinical Psychology Student Board**
- Communicated information to and from first years to leadership for problem-solving
 - Attended new applicant interviews to observe interviewees and answer questions
 - Participated in STUBO meetings and events
 - Created resources and tutorials for first years to successfully navigate the program
- Northern Arizona University - Clinical Psychology PsyD Program - Phoenix, AZ
- 2022 – Present** **Arizona Psychological Association (AzPA)**
 Student Member
- 2018 – 2023** **National Dance Education Organization (NDEO)**
 Member
- 2020 – 2021** **Club Secretary**
 Grand Canyon University- Student Dance Organization

CLINICAL PRACTICUM EXPERIENCE

Current Total Hours: Direct: 000.00 Indirect: 000.00

- 08.12.2024** *expected* **Clinical Psychology Practicum I/II Clinician**
 The Dialectical Behavior Therapy (DBT) Center of Arizona - Phoenix, AZ



ADDITIONAL EXPERIENCE

APPLIED, COMMUNITY, & LEADERSHIP

08.2022 – 07.2023 Research Coordinator II 03.2023

Leadership & Supervision Experience (Research Coordinator II)

- Oversaw clinical trial recruitment for 6 concurrent clinical trials in compliance with IRB protocol specifications and phone screening questionnaires
- Trained, interviewed, and supervised Research Associates with recruitment efforts
- Represented the organization at community mental health events such as Yes Day for Autism, Indian Disabilities Summit, Arizona Diamondbacks game for Autism Awareness, Phoenix Zoo Walk for Autism Research, and others

Related Assessments administered are listed in Appendix I

Southwest Autism Research and Resource Center (SARRC) - Phoenix, AZ

06.2022 – 02.2023 Community Center Dance Teacher

Taught individualized group dance classes for inner-city/low SES children ages 2-12 with diverse needs (psychological, physical, learning) in an inclusive community center environment.

Salvation Army Kroc Community Center - Phoenix, AZ

01.2022 – 12.2022 Assistant-Leader for Trauma Recovery Dance Movement Class, “Healing Through Dance”

Assistant-lead a dance and movement class to help individuals recovering from human sex trafficking and substance use process trauma, reduce anxiety, and heal in a faith-based residential recovery program.

Leader: Julia Lorence, MPH - Phoenix Dream Center - Phoenix, AZ

06.2017 Special Needs Equine Day Camp Group Leader

Leader for week-long day camp for children ages five-seven with cognitive and learning disabilities at Equine therapy camp. Provided for the participants needs, facilitated activities with equine therapists, and assisted with emotional regulation lessons.

DreamPower Equine Therapy Camp - Gilroy, CA



05.2017 – 06-2017

Movement Teacher for Students with Learning Disabilities

Taught 8 weeks movement classes for coordination and balance over an eight week session for 6th grade students with learning disabilities in charter school environment.

SpectorDance partnered with Chartwell School - Seaside, CA

2013 – Present

Additional Experience as a Dance Teacher Working With Toddlers–Adults

2021-Present Children, Teens, Adults

Taught a classroom of 5-16 students in age and developmentally appropriate movement classes in a variety of styles for ages seven-adults

Southwest Ballet Theatre - Goodyear, AZ

2021-Present Children, Teens, Adults

Worked with youth (6th-12th grade) through mentoring, coaching, leadership, and creating movement-based art on relevant social and religious issues. Also worked with children and adults in small to large groups.

Dream City Church - Phoenix, AZ

2020-2021 Young Adults, College Students

Grand Canyon University, Dance Department Tutor- Phoenix, AZ

2018-2019 Children, Elementary School Students (various public schools)

Grand Canyon University, Ethington Dance Ensemble - Phoenix, AZ

2018 Children, Teens

Agape Dance Academy - Scotts Valley, CA

Pacific Arts Complex - Monterey, CA

SpectorDance - Marina, CA

2013-2016 Older Toddlers, Children, Teens, Adults

San Benito Dance Academy - Hollister, CA

2012-2013 Older Toddlers, Children (teachers assistant)

San Benito Dance Academy - Hollister, CA

VOLUNTEER

11.17.2023

Check In Volunteer

Arizona Psychology Training Consortium



- 06.2021** **Goodwill Item Drive Volunteer**
Grand Canyon University
- 08.2019 – 08.2020** **Peer Mentor**
Student Dance Education Organization - Grand Canyon University - Phoenix,
AZ
- 09.2018 – 06.2019** **Intern - Graphics Design and Administration**
Arizona Dance Education Organization
- 09.2018** **Phoenix's Children's Festival Volunteer**
Phoenix, AZ
- 09.2018** **Food for the Hungry Volunteer**
Phoenix, AZ
- 02.2015** **Outreach Volunteer in Philippines**
Painted buildings to help local church, connected with locals, artistic exchange
- 04.2017** **Homeless Shelter Volunteer**
Helped serve meals for a day at a homeless shelter
- 08.2012 – 12.2015** **Local Newspaper Column Writer**
San Juan Star & Mission Village Voice - San Juan Baptista, CA

PROFESSIONAL DEVELOPMENT & STUDENT CONTINUING EDUCATION

CLINICAL, THERAPY, & TREATMENT

Dialectical Behavior Therapy (DBT) Center of Arizona Trainings ^{12 total hours}

Overview of Dialectical Behavior Therapy - Dr. Brenda Aranda, Dr. Monique Oglesby &, Dr. Latoya Smart - 05.17.2024 ^{5 hours}

Overview of Dialectical Behavior Therapy with Adolescents - Dr. Brenda Aranda & Dr. Monique Oglesby - 05.16.2024 ^{7 hours}



Harnessing the Power of Geek Therapy: Integrating Pop Culture into Psychological Treatment, an Overview of Geek Therapy - Dr. Neil Stafford - 04.23.2024 - Northern Arizona University Colloquium: 1 hour

Video Game Addiction in the Clinical Setting - Dr. Juan Gonzalez - 04.09.2024 - Northern Arizona University Colloquium: 1 hour

Common Factors and Change Processes in Psychotherapy - Dr. Jamie Bludworth - 10.10.2023 - Northern Arizona University Colloquium: 1 hour

Behavioral Health Initiative Workshop: Mental Health Effects of Isolation- 11.2023 - St. Patrick's Catholic Church

Isolation in Adults - Dr. Shelly Reed 1 hour

Isolation Effects on Mental Health in Children and Adolescents - Alexis Santa Cruz, MFT

DIVERSITY, CULTURAL, & DEVELOPMENTAL FACTORS

Working with Vulnerable and Underserved Populations and Human Trafficking Awareness- Dr. Angela Salomon - 04.09.2024 - Northern Arizona University Diversity Forum: 1 hour

Multicultural Practice Guidelines - Dr. Greg Shrader - 10.24.2023 - Northern Arizona University Colloquium: 1 hour

Dr. Maysa Akbar, APA Chief Diversity Officer Diversity & Career Discussion - 09.28.2023 - Northern Arizona University Colloquium: 1 hour

Importance of Rosh Hashanah and Yom Kippur within the Jewish Religion and Culture - Dr. Frederick Weschler - 09.21.2023 - Northern Arizona University Diversity Forum: 1 hour

ETHICS & SUPERVISION

Arizona Psychology Training Consortium Conference- 11.17.2023

People with Disabilities: Negotiating Legal and Ethical Requirements in Psychological Training and Beyond- Dr. Lily Mathison, Carra Hrycyk 1 hour

Cultural Humility in Clinical Supervision - Dr. Stephanie Winklejohn-Black 1.5 hours

The Ethics of the Future of Supervision - Dr. Chris McBride, Dr. Dianna Medina 1 hour

The Musings of Time: Psychological Proactive, Supervision, and Training - Dr. William Marsh, Dr. Micheal Rediva, Dr. Nessa Gulik, Dr. Micheal Marshall. Dr. Sierra Study 1 hour



OTHER TOPICS

Good for Your Body and Mind: The Psychological Science Connecting Physical Activity and Overall Wellbeing - Dr. Rebecca Hasson, Dr. Eli Puterman, Dr. Wendy Suzuki, Dr. Mitch Prinstein (Moderator) - 05.01.24 - APA Science Webinar ^{1 hour}

Pillars of PsyD Success Workshop Series: Values (09.26.2023), **Connection** (10.31.2023), **Professional Development** (03.05.2024), **Interior Development** (04.09.2024)- Darci Weaver, Abigail Muzila (leaders), and other students - Northern Arizona University ^{4 total hours}

Work, Living and the Pursuit of Happiness: Examining the Current Outcomes of Autistic Adults - Catherine Lord, PhD - 11.2022 - Southwest Autism Research and Resource Center (SARRC)

- Attended Luncheon with Dr. Catherine Lord and SARRC research staff regarding the Autism Diagnostic Observation Schedule - 2 and her lecture on recent longitudinal autism research for autistic adult outcomes.

Trauma Informed Care and Approach to Working with Victims of Human Sex Trafficking - Caitlin Parker CCTS-A/C - Phoenix Dream Center

RESEARCH & SCHOLARSHIP

CURRENT CITI CERTIFICATIONS

- IRB - Social Behavioral Research (Group 2)
- IRB - Native American Research
- IRB - Biomedical Research (Group 1)
- RCR - Biomedical Responsible Research
- GCP for Clinical Trials with Investigational Drugs and Medical Devices (U.S. FDA Focus)

RESEARCH POSTER PRESENTATIONS

Getrost, Z., Valenzuela, H., Spear, J., Andrade, J., Villalobos, E., Lim, N. (2023, December 12) ***The Stress and Protective Factors (SPF) Model: A Scientific Approach*** [Poster Presentation]. **Northern Arizona University's Clinical Psychology Annual Research Conference**. Phoenix, AZ - *Presenter*

RESEARCH EXPERIENCE

04.2024 – Present Doctoral Research for Dissertation

- Initial stages of dance psychology research considering motivational climates effects on psychological constructs in collegiate dance majors

08.2023 – Present Research Lab: Stress & Protective Factors (SPF) Model

- *Fourth Author (survey and Qualtrics configuration):* Chinese College Students, United States College Students



Northern Arizona University - Clinical Psychology PsyD Program - Phoenix, AZ

08.2022 – 07.2023

**Research Coordinator II 03.2023 Research Coordinator I 01.2023
Research Associate 08.2022**

- Coordinated, within IRB and sponsor compliance and recruited the initial (n=16) participants for the first site of the MEASURE ASD Module 1 (CLN-1005) clinical trial on the Earlipoint Autism Eye (MARCUS) tracking device by Marcus Autism Center for measuring intervention effectiveness over time.
- As a Research Associate, recruited (n= 75) study participants for six concurrent clinical trials while conducting medical pre-screens and maintaining database records
- Conducted informed consent discussions, completed data entry and validation, interviews transcriptions, and requested participant medical files for a studies funded by the National Institute of Mental Health and the National Science Foundation
- Coordinated a team for contact efforts, consenting of 76 families for a follow up validation study of the initial Earlipoint diagnostic project

Related Assessments administered are listed in Appendix I

Southwest Autism Research and Resource Center (SARRC) - Phoenix, AZ

01.2022 – 07.2022

Research Assistant

Completed over 200 in-depth writing edits of study in the process of publication on psychoeducational group leadership relating to career preparedness for psychology students.

Supervisor: Elizabeth Valenti, PhD - Grand Canyon University - Phoenix, AZ

12.2021

Research Proposal Poster

Conceptualized, researched, and created an original research proposal poster relating to mental health, self-concept and motivational climate of ballet dancers.

Grand Canyon University - Phoenix, AZ

2021

Research Assistant

Assisted in initial stages of literature review and conceptualization for a project on religious background and educational perspectives within psychology classrooms. Project discontinued by researcher due to changing institutions.

Supervisor: Julia Langdal, PsyD, Grand Canyon University - Phoenix, AZ



CERTIFICATIONS

2022 – Present	Arizona Fingerprint Certified
2022 – Present	CITI Research Certifications (<i>see Research Experience</i>)

PRESENTATIONS

GRADUATE COURSEWORK

04.29.2024	MMPI-A-RF For Gifted Adolescents - group presentation
02.15.2024	Case Analysis of “Jenny Sloan”: A Diagnostic and Differential Symptom Analysis of Bipolar I and a Suicide Attempt - group presentation
12.07.2023	Stages Of Faith (James Fowler): Discussion of Theory and Stages 4-6 - group presentation
12.06.2023	Kaufman Brief Intelligence Test, 2nd Edition (KBIT-2): Overview, Demonstration, and Discussion - group presentation
10.09.2023	Major Depressive Disorder: An Introductory Overview for Future Clinicians - group presentation

COMMUNITY

2022	<p>Seminar Presenter: Dance Health Research Grand Canyon University, presented at Southwest Ballet Theatre - Phoenix, AZ</p> <p>Presented “Girl Power- Your Secret to Dance Health & Success” on the research of physiological and psychological factors of female hormonal cycles with applications for adolescent ballet students.</p>
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UNDERGRADUATE COURSEWORK

2021	<i>Suicide Prevention for Adolescents with Anorexia</i> (group presentation)
2020	<i>Generativity: Theory and Application</i>
2019	<i>IRB Ethical Analysis: The Monster Study</i> (group presentation)
2018	<i>Birth Order: Theory Evaluation</i>



HONORS & AWARDS

2018–2022	Presidents List (Grand Canyon University)
2020–2022	Alpha Chi
2019–2022	National Society for Collegiate Scholars
2020–2022	National Honors Society for Dance Arts (NHSDA)
2018–2022	Grand Canyon University’s President’s Merit Scholarship
2018–2022	Grand Canyon University’s Dance Department Merit Scholarship
2017	National Honors Society



APPENDIX I: ASSESSMENTS

^ indicates wrote test-specific interpretive report

ASSESSMENTS LEARNED IN GRADUATE COURSEWORK

Trained On

- **Minnesota Multiphasic Personality Inventory - 2 (MMPI-2)**[^]
- **Minnesota Multiphasic Personality Inventory - 2-RF (MMPI-2-RF)**
- **Minnesota Multiphasic Personality Inventory - 3 (MMPI-3)**[^]
- **Minnesota Multiphasic Personality Inventory - Adolescent (MMPI-A)**
- **Minnesota Multiphasic Personality Inventory - Adolescent - Revised Form (MMPI-A-RF)**
- **Millon Clinical Multiaxial Inventory-IV (MCMI-IV)**[^]
- **NEO Personality Inventory - Revised (NEO-PI-R)**
- **Personality Assessment Inventory (PAI)**

- **Wechsler Adult Intelligence Scale - IV (WAIS-IV)**[^]
- **Wechsler Intelligence Scale for Children - V (WISC-V)**[^]

Self-Reports with Scoring Training

- **Beck's Depression Inventory (BDI)**
- **Children's Yale-Brown Obsessive Compulsive Self-Report Symptom Checklist (CY-BOCS)**
- **Generalized Anxiety Disorder -7 (GAD-7)**
- **Patient Health Questionnaire-9 (PHQ-9)**

Introduced To

- **Children's Yale-Brown Obsessive Compulsive Scale Interview (CY-BOCs)**
- **Millon Pre-Adolescent Clinical Inventory (M-PACI)**
- **Millon Adolescent Clinical Inventory (MACI)**
- **Millon Adolescent Personality Inventory (MAPI)**
- **Q-Interactive** digital assessment administration and scoring

SOUTHWEST AUTISM RESEARCH AND RESOURCE CENTER

Administered (research and diagnostic services)

- **Kaufman Brief Intelligence Test - 2 (KBIT-2; in-person and Telehealth)**
- **Autism Diagnostic Observation Schedule - 2 (ADOS-2; all modules)** *nearly "research reliable" (75-79/80% interrater agreement) for protocol scoring; training discontinued due to role shift into supervision*
- **Wechsler Abbreviated Scale of Intelligence-2 (WASI-2)**

Trained On

- **Mullen Developmental Scales**
- **CSBS-DP Checklist**

Observed

- **Autism Diagnostic Interview (ADI-R)**



- **Vineland Adaptive Behavior Scales** (VABS - Vineland-3; paper and digital)
- **Diagnostic Clinical Intake Interviews**



APPENDIX II: COURSEWORK

DOCTORAL COURSEWORK

Doctoral Student, Clinical Psychology PsyD - Northern Arizona University

Year 1: Fall 2023 *4.0 GPA*

CPP 601 Lifespan Development

CPP 673^A Intellectual and Cognitive Assessment and Lab+

CPP 680 Psychopathology and Diagnosis and Lab

CPP 644 Tests and Measurement

CPP 711 Professionalization Group I

Year 1: Spring 2024 *4.0 GPA*

CPP 602 Person Centered and Experiential Theory & Therapy

CPP 683 Child and Adolescent Psychopathology

CPP 737^A Objective Personality Assessment

CPP 627 Statistics and Research Methods I

CPP 712 Professionalization Group II

Summer 2024 *in progress*

CPP 700 Basic Assessment and Intervention Skills

CPP 706 History and Systems

Year 2: Fall 2024

CPP 670: Professional Issues: Ethics, Conduct, and Law

CPP 738 Projective Personality Assessment

CPP 727 Statistics and Research Methods II

CPP 701 Practicum I (See [Clinical Practicum Experience](#))

Graduate course syllabi available upon request.

^A Relevant Assessments located in [Appendix I](#)



UNDERGRADUATE COURSEWORK**Grand Canyon University:**

*Honors Course

PSY 101 General Psychology
 PSY 260 Introduction to Psychological Research and Ethics
 PSY 255 Personality Psychology
 PSY 355 Child and Adolescent Psychology
 PSY 362* Social Psychology and Cultural Applications
 PSY 358 Adult Development and Aging
 PSY 352 Health Psychology
 PSY 380 Introduction to Probability & Statistics
 PSY 402 Cognitive Neuroscience
 PSY 452 Experimental Psychology
 PSY 470* Abnormal Psychology
 PSY 495* Professional Capstone: Research Proposal

*Coursework for non-psychology programs (BA in Dance, Theatre Minor, or Honors
 College curriculum) available upon request.*

Liberty University:

PSYC 210 Developmental Psychology
 PSYC 221 Psychology of Childhood
 BUSI 300 Business Communications
 BIBL 104 Survey of Old and New Testament

College Level Examination Program:

Analyzing and Interpreting Literature (3 credits)
 College Composition (6 credits)
 History of the United States I (3 credits)
 Biology (6 credits)
 College Mathematics (6 credits)
 College Algebra (3 credits)



APPENDIX III: SKILLS & STRENGTHS

- Detail-oriented
- Resourceful
- Organized
- Collaborative
- Positive and enthusiastic
- Professionalism
- Creative and innovative

LEADERSHIP

- Training
- Supervision/management
- Goal-setting and followup in teams
- Promotes personal growth of supervisees

PSYCHOLOGY

- Experience with diverse populations (cultures, learning disabilities, special needs, trauma-informed, etc.)
- Empathy
- Establishing Rapport
- Assessment skills

TECHNOLOGY

- Technological Literacy (ability to solve problems and learn new technology skills efficiently)
- Microsoft Office Suite
- Q-Global: scoring, data entry, adding clients
- Phone and Email communication skills
- Affinity Publisher, Design, & Photo
- Graphic Design
- Web Design and Wordpress

RESEARCH

- Writing
- Informed consent discussions
- Study coordination
- Data entry and file management
- Technology integrated research
- Data collection
- Literature review
- Qualtrics configuration for digital survey ,
- Statistical Program for the Social Sciences (SPSS)

